

Orthopedics, Osteoporosis, Rheumatology & Trauma Care

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Stubborn Gout

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This is a report of an interesting case of gout in a 51-year-old man. He was diagnosed 10 years ago, however, does not present with any chronic damage to joints or organs such as kidneys despite severe exacerbations. He has no family history, and the X-ray is unremarkable, despite his noncompliance with therapy. This has led to frequent painful acute attacks. It could be hypothesised, that the acute flares would not have occurred if the patient adhered to the treatment. The presentation, diagnosis and treatment of this patient are discussed in detail. Gout is characterised by the composition of monosodium urate crystals, formed by high levels of uric acid. These crystals present as erythematous, painful asymmetrical swellings on physical examination. A thorough anamnesis is required since many risk factors predispose an individual to develop this condition. If a warm, erythematous, and swollen joint is present asymmetrically, septic arthritis must be a differential.

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